



T G TRISTAN GATTO

Celebrity Yoga Instructor + Wellness Coach

TRISTANGATTO.COM // 2020 PARTNERSHIP KIT

PARTNER WITH TRISTAN

MAKE YOUR BRAND STAND OUT.

Thank you for your interest! As Tristan receives frequent inquiries, please note that all endorsements, sponsorships and collaborations are on a first come first serve basis. To have your product/business featured, please email: Tristan@TristanGatto.com and include a short summary of your brand, mission, website and why you want to collab.

NAMASTE AND BEYONCÉ

Tristan

TRISTANGATTO.COM



Social Media Presence

DISCOVER THE BADASSERY

“Tristan is my favorite instructor. His happiness and peace are contagious and his exercises are addictive!”

- Teresa Perea

“I am pain free and feel all that lovely energy flowing through my spine again. Thank you, Tristan!”

- Elizabeth Moss

“Tristan loves building community and sharing his expertise with the world. His fans rave that his energy is inspiring and that his courses have helped them find comfort and relief from sciatica pain, joint pain, scoliosis and disk degeneration pain, and more. ‘Even after seeing doctors for years - Tristan is the one who actually helped kick my sciatica’ says Sandy Nickerson. I can attest to Tristan’s unparalleled skill set and magnetic personality to match. He really is a genius of his craft -- from over 1,000 five star reviews and hundreds of proven case studies that come flooding in from clients across the world, Tristan is powerful, positive and impactful in everything he puts his mind to.”

- Bethany Michaels



INSTAGRAM

16,000+ Followers

Average posts per day 1
Average story views: 1,000

1

PINTEREST

55.6k Monthly Viewers
18,000+ Monthly Impressions

2

FACEBOOK GROUP

1.2k New Members and growing
Average Posts per day 2

3

FACEBOOK PAGE

2.8K Followers
Weekly post reach: 3461
Average new followers per week: 7

4

WEBSITE

Over 1000 Hits per month
Updated Weekly

5

OVER 150,000 LIVES CHANGED GLOBALLY

From retirees to celebrities, Tristan Gatto has instructed and created custom Physical Therapy-Based online yoga practices for all levels and all bodies. As a Licensed Physical Therapist Assistant and the creator of Yoga Prehab™, he is a pioneer in prehabilitative practices through an exclusive blend of yoga and Physical Therapy techniques which emphasizes safe therapeutic practice that is easy-to-use and easy to apply to busy lives.



All of Tristan's courses are doctor-approved and medically reviewed:

- The Plantar Fasciitis Fix
- Chair Yoga for Joint Healing
- Knee Reset for Pain + Stiffness
- Restore Your Core
- Hip Reset for Pain + Stiffness
- Spinal Reset for Neck + Shoulder Pain
- Yoga Detox for Gut Health
- 7 Day Chakra Cleanse
- The Text Neck Fix
- Desk Yoga for the Corporate Crusader
- Yoga Prehab for Runners
- 30 Day Total Body Makeover
- Issues In Your Tissues
- + 1 new course released every month!

Yoga Prehab™ is a monthly membership that provides yoga and physical therapy-based body-saving solutions that are safe and effective for all levels of fitness. Tristan provides expert, step-by-step guidance that is focused on maintaining optimal wellness for people of all ages and abilities. Members gain access to the entire Yoga Prehab™ library of courses, plus receive a brand new course each and every month. Whether you're looking to start a joint-safe yoga practice or want to relieve issues like back pain, joint pain + stiffness, or problem areas of your body...the Yoga Prehab™ Membership has something for everyone.

STREET CRED

Top-Selling Course Author on DailyOm

Licensed Physical Therapist Assistant

500 Hour Experienced Registered Yoga Teacher (E-RYT 500)

Yoga Alliance Continuing Education Provider (YACEP)

Featured Yoga Anatomy Writer for beYogi.com and YogiApproved.com

Lululemon Brand Ambassador

Chameleon Cold Brew Brand Ambassador

Tea Sparrow Brand Ambassador

AS SEEN ON

DailyOM beYogi



lululemon



CONTACT

IG: @IAMTRISTANGATTO

FB: @TRISTANGATTOYOGA

FB GROUP: YOGA PREHAB WITH TRISTAN GATTO

EMAIL: TRISTAN@TRISTANGATTO.COM

For the safety and security of all those Tristan works with,
he maintains comprehensive medical liability insurance coverage.

